

Avoiding the flu

This is how to protect yourself, your child and other patients from contracting an infection.



Wash your hands thoroughly with water and soap before entering and before leaving the patient's room.



Stay at home if you have fever or signs and symptoms of flu.



Inform the nursing staff, if you have caught a cold.



There is a vaccination against seasonal flu. This vaccine is recommended in particular for persons at risk of flu* and their close

contacts. You will get more information about this vaccine from your family doctor or from the doctor taking care of your child in the children's hospital.



If you have a cold, wear a mask in the patient's room.

* Persons at high risk for severe or complicated influenza infection due to their underlying disease.